

Kneading Fingers 2000™ Platinum Series Remote

OWNER'S MANUAL



Thank you for your recent purchase of the Kneading Fingers 2000™. You now own the “Best electronic kneading massager on the market in the country.” The Kneading Fingers 2000™ is UL Listed, which insures a safe and quality product. It is manufactured to ISO-9001 certification, one of the highest standards in manufacturing. The Kneading Fingers 2000™ incorporates an air-cooled AC motor which uses less than 35 watts of electricity. This unit can be used in health and exercise clubs or at home for family use.

Features

The Kneading Fingers 2000™ Platinum Series Remote is equipped with a digital handheld controller which includes the following features:

- **Power**—Press to turn the machine on or off.
- **Auto**—Press to activate the auto reverse feature. When activated an “A” appears in the LED display. The unit will change direction of rotation approximately every 15 seconds and will automatically shut off in approximately 10 minutes. NOTE: All time settings are approximate.
- **Up/Down**—When timer is set on 10, 20 or 30 minutes you can press this button to change direction manually. After pressing the button there will be a slight pause and then the massage thumbs will change direction.
- **Timer**—Press to select the desired time of 10, 20 or 30 minutes.

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- Massaging “Thumbs”
 - Power Cord
 - Fabric Cover
 - Main Body
 - Handles
 - Digital Handheld Controller

Operating Instructions

Read all instructions carefully before using the Kneading Fingers 2000™. When using any electrical appliance, basic precautions should always be followed.

To achieve the best results from your Kneading Fingers 2000™, use a high back, upholstered chair that is not too soft. You can also lie down and position your neck (see illustration) or legs on the unit. To massage the back, you must sit in a chair of some type. You can place a small towel on the massaging thumbs to keep skin oil off the fabric cover and/or to soften the massage.

Neck & Back

Sit in a high back chair and lift unit above your head. Place the unit so the massage thumbs are on each side of the neck.

Unit can be right side up or upside down, whichever you prefer. If you are unable to place the unit on your neck by yourself have someone position it for you.

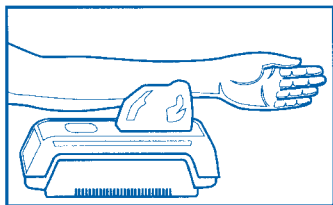
Lean back so your body pressure holds the unit in place against the back of the chair. The depth of the massage is controlled by how hard you lean back on the unit. If you lean lightly on the unit it will massage lightly. The harder you lean the deeper it will massage.



When you want the unit to drop further down your back, simply lean forward slightly until the unit slides down to the next desired position. Lean back to hold it in place with your body pressure. Using this technique, you can work the massager down your neck and back until it reaches the bottom of the chair.

For a more complete massage, reverse the direction of rotation by pressing the up/down or auto mode button on the remote while using the unit. Keep in mind while using the unit in auto mode, it shuts off in approximately 10 minutes.





Arms

Place the unit on a table or desk where you can sit comfortably. It is important to position the arm with your thumb pointed upward.

Hips

Place the unit in the lower section of a firm chair and sit back sideways so the hip area is against the massage thumbs. Adjust the position of the massager (right side up or upside down) to reach the desired area.



Calves

Place your calf on the unit and gently move your leg up and down, massaging the area toward the Achilles tendon.

NOTE: Do not use on unexplained calf pain.



Feet

Do not place the foot with sole “stepping” down between the “thumbs” of the unit. Always place your foot on its side or place the arch on top of one of the massaging thumbs.

Care and Cleaning

To clean the fabric cover, simply dampen the surface with liquid soap and scrub gently. Wipe off with a cloth dampened with water. Allow to air dry.

To clean the main body of the unit, use lukewarm water and mild soap on a soft cloth or sponge. Rinse off with a cloth dampened with water. Do not use benzene, thinner or other solvents.

Specifications

ISO-9001 CERTIFIED

Power Source	AC 120 V, 60Hz
Motor	Capacitor-start Induction Motor
Dimensions (approx.)	14"W x 9"D x 6"H
Weight	7 lbs.
Product Number	KFPR2000
Rated Power Consumption	33W
Power Cord Length (approx.)	7'9"
Remote Cord Length (approx.)	6'8"

Specifications subject to change without notice.

Operating Precautions

To prevent injury, risk of burns, fire and electric shock, the following precautions should be observed:

- Prior to use, please read the enclosed operating instructions thoroughly to prevent injury due to improper usage.
- If you have pre-existing conditions that have required medical treatment, such as a recent operation, consult your physician before using.
- You control the depth of massage by how hard you lean against the unit. Be aware of the pressure you are applying to the unit.
- Do not sit or place full body weight on the unit.
- Pregnant women should consult their physician before using the massager.
- Do not use on the throat area.
- Do not use for more than 30 continuous minutes or 5 minutes on any one area of the body.
- Do not wear jewelry while operating the unit.
- Small children should not use the unit without supervision.
- Do not operate this unit if the insulation on the AC power cord is damaged or torn.
- Do not operate this unit if the fabric cover is torn or worn out.

Appliance Precautions

- Unplug unit when unattended for an extended period of time.
- Do not use in or around water due to danger of electrical shock.
- Keep cord away from heated surface.
- Do not insert objects into any opening on the machine.
- Unit must be repaired by warrantor listed on warranty card.
- Never operate unit if cord or plug has been damaged.
- Do not pull on electrical cord.
- Do not modify or disassemble unit. Any unauthorized repairs of your unit will void the manufacturer warranty.
- Never operate unit with vent openings blocked, for example under blankets, etc.
- It is not unusual for the unit to make creaking or knocking sounds during use. This generally does not indicate malfunction.
- Do not operate in vicinity of aerosol products, flammable gasses or when oxygen is being administered in an oxygen tent.
- Avoid using the unit (or storing it) in a location such as the bathroom, where excessive moisture, heat or humidity may be present.

For further warranty information, refer to the warranty card packaged with each unit.

Instructions For Changing Fabric Cover

If your fabric cover is torn or worn out, please contact our customer service department at 1-800-748-7172, M–F 8:30am–5:30pm CST, to have the unit repaired or to order the fabric cover.

1. Shut unit off with the balls straight up.
2. Unplug unit from electrical outlet.
3. Turn unit over so balls are facing down.
4. Unscrew the three screws on the back of each handle.
5. Turn unit over so the control buttons are closest to you.
6. Carefully lift top cover up approximately 1½" and then unplug wiring harness connecting the top cover to the main circuit board.
7. Set bottom case aside.
8. Unscrew the six screws holding the fabric in place.
9. Discard old fabric.
10. Pull the outer ridge up over the corners of the fabric replacement so fabric will set flush on the case.
11. Starting with the visible middle hole, screw in the new fabric.
You will need to screw through the fabric for the other five holes.
12. Plug the wiring harness back into the main circuit board on the bottom case and reinstall top cover.

NOTE: When changing the fabric, make sure and check the plastic covering on the massage balls. If they are cracked or worn through, cut off the old plastic covering and replace with new plastic replacement caps that accompany the fabric.

Clark Enterprises 2000 Inc.

The "Helping People Feel Better" Company

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Office hours 8:30 a.m.–5:30 p.m. CST Monday–Friday

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